

# EXPLORING YORK



Exploring York and all that it has to offer has never been so easy.

We've routes for all ages and abilities, ready and waiting for you to explore.

Whilst you're out and about, remember let's be respectful and patient of others, and let's keep as safe as possible.

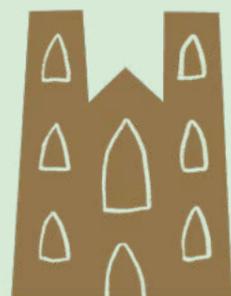
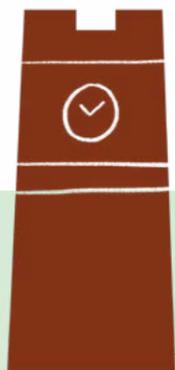
## Poppleton to Redhouse Wood return trail

- Distance (long route) **9 miles**
- Distance (short route) **7.8 miles**
- Est. Time **3-3:30hrs**

If you're planning to travel to, from and through York we want to make sure you have access to travel information that will help keep you safe and be able to plan your journey.

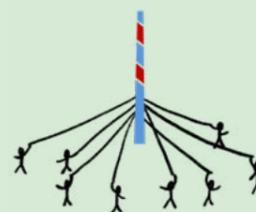
You can explore information about active travel and its benefits by downloading our Cycle route maps, Walking Guides and information on our popular Urban Cycle Skills Sessions at [www.itravelyork.info](http://www.itravelyork.info)

For further information on how to explore York safely go to [www.visitryork.org](http://www.visitryork.org)



### Redhouse Wood

If you visit Redhouse Wood in spring look out for a great display of bluebells. The wood is one of the best places locally to see these lovely flowers. Bluebells are only found growing naturally in the western parts of Europe. They are protected by law so please don't pick them.



### Poppleton

The village of Poppleton gets its name from the ancient words Popel and Tun, meaning Pebble Farm. The village has a large maypole and children from the local school perform dances every spring. A large 16th century 'Tithe Barn' is found at the eastern end of the village. This building was used to store crops paid as a form of tax to the local manor house.

### Did you spot any birdlife on your walk?

- Blackbird
- Blue tit
- Bullfinch
- Chaffinch
- Chiffchaff
- Goldfinch
- Great tit
- Great-spotted woodpecker
- Greenfinch
- House martin
- Robin
- Swallow
- Swift
- Whitethroat
- Willow warbler
- Vulture!?
- .....



### The River Nidd

The River Nidd has its origins in the western part of the Yorkshire Dales. It then passes through Pateley Bridge and Knaresborough before joining the River Ouse at Nun Monkton.



### Beningbrough Hall

The current Beningbrough Hall was completed in 1716. The owner of the estate at that time, John Bourchier, based the style of the building on those seen in Italy during his two years spent travelling in the country. The property was acquired by The National Trust in 1958 and the house and its beautiful gardens and grounds can now be enjoyed by all.



### Insect hunt! What creatures can you find?

- Butterfly
- Beetle
- Fly
- Bee
- Ant
- Greenfly
- Dragonfly
- .....



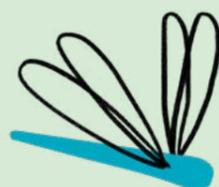
### Nun Monkton

The tiny village of Nun Monkton has two claims to fame. It's home to England's tallest maypole which is 27 meters tall. It also has its own vineyard. It's likely that the Romans introduced vineyards to the UK, but the planting of vineyards only really took off after the Norman conquest of Britain in 1066 when Norman nobles started to cultivate grapevines on their lands.



### Redhouse Lagoon

A good place to see a variety of wetland birds is Redhouse Lagoon, a Yorkshire Water extraction lagoon and pumping station. Ducks, geese and wading birds can be seen in abundance. Goosanders are a local highlight.



# Poppleton to Redhouse Wood return trail

## 1 Start

The walk starts outside the Lord Nelson Inn. If taking the bus to Poppleton take bus 10 or 10a to the Lord Nelson stop. Walk away from the Lord Nelson Inn heading west. Look out for a public footpath sign on the right.

## 2

After crossing Main Street follow the public footpath which runs adjacent to the River Ouse. The footpath bends slightly to the right but stays close to the river.

## 3

This part of the walk is quite straightforward. Stay on the path adjacent to the river until reaching Beningbrough Hall on the opposite bank of the river.

Look out for great willowherb and creeping thistle which attract many butterflies.

## 4

A permissive path provides a short-cut to Redhouse Wood. Note that public use of this path can be revoked at any time.

Look out for otters. These shy creatures can sometimes be seen along the River Ouse.

## 5

Upon reaching the junction of the River Nidd and the River Ouse the footpath turns left and passes through two fields before joining a farm track.

## 6

The footpath bends to the left at this point.

## 7

Upon reaching the farm track continue walking straight ahead for around 200 metres until reaching a public footpath sign on the left.

## 8

Upon reaching a field boundary with a metal gate turn sharp left and walk diagonally across a field heading towards a hedge in the adjacent field. There is no public footpath sign at this point.

## 9

Head towards a stile. Cross the stile and enter another field following the hedge. The stile has a public footpath sign on a post. Walk beside the hedge as it leads towards Redhouse Wood.

## 10

After a brief turn to the right the footpath enters Redhouse Wood.

## 11

The footpath passes diagonally through the wood. Stay on the footpath.

If you visit Redhouse Wood in spring, look out for a great display of bluebells.

## 12

Upon exiting the wood turn right and walk along a track.

## 13

At the end of the track turn right into Hall Lane and then follow the lane.

## 14

Continue as Hall Lane becomes Red House Lane at this point.

## 15

Upon reaching Woodview Farm (on the right) turn left and walk along a surfaced farm track. Lookout for the signs to Thickpenny Forge and other farms. A cattle grid is near to the signs.

## 16

The track splits into two parts at this point. Walk along the track on the left.

## 17

After passing houses the footpath leads into a field. Walk straight ahead following the hedge.

## 18

Upon reaching the end of the field turn left and walk straight ahead. The footpath passes a garden on the left.

## 19

Continue walking along the edge of a field. At the end of the field, climb over a stile and then cross the next field heading diagonally right.

## 20

Upon reaching a track (Lords Lane) turn right and walk along the track.

## 21

Look out for a public footpath sign on the left. Turn left and follow the footpath which runs parallel to the field boundary.

## 22

Upon reaching New Farm the footpath turns left and skirts around buildings passing a corrugated iron barn and then a farmhouse.

## 23

Where the path divides take the right fork. The footpath follows the edge of a field with a low hedgerow on the left.

## Accessibility

The riverside part of the walk has no stiles, but could be muddy. The walk through Redhouse Wood has one stile and one low step. The permissive route shortcut has one gate.

## Buses

To reach the start of the walk take bus 10 or 10a to 'The Lord Nelson' pub, Main Street, Poppleton. Buses back to York city centre also leave from this stop.

## 24

At the end of the first field pass through a gap in the hedge but continue to walk straight ahead this time keeping the hedge on your immediate right.

## 25

Upon reaching Main Street turn left and follow the road to return to the walk starting point. Alternatively turn right and after a few metres turn left to take a short woodland walk detour.

