## Ride Notes

- 1 Scarborough Bridge. This is the second on the site.
  The footway originally ran in centre.
- 2 Albbey Ruins. For many years the York cycle of Mystery Plays was staged here every 3 or 4 years using the ruins as a back-drop and with a huge arc of seats on scaffolding for the audience. (Since 1990 they have been held in the Theatre Royal or in the Minster).
- 3 Judi Dench Walk. Judi was a York school girl when she played her first major part as Mary in the Mystery Plays. (Cycling is not allowed between Marygate Tower and Lendal Bridge).
- 4 Lendal Bridge collapsed in 1861 completed in 1862 built to ease access to Vprk Station.
- Skeldergate Bridge (1881). The side span was hydraulically operated; note the motor house, chains and hinged support brackets.
- 6 Blue Bridge was built in 1738. The original bridge was replaced in 1767 with a fixed stone bridge and again in 1801 when vessels were permitted to proceed up the Foss. The bridge has been rebuilt three times since then, the existing one in 1929.
- 7 Millennium Bridge. Opened in 2000 the only bridge across the Ouse exclusively for pedestrians and cyclists and you can picnic on it!
- 8 Rowntree Park. Used to have a popular open-air swimming pool. Now it has a skate board park, the café has re-opened and the grounds have been brought back to their former glory.
- 9 Bike Rescue Project a good place to find a second hand bike. Tel: 671804 or 07871 670347.



Time: 30 mins cycling – café stop (perhaps at Rowntree Park) or bring a picnic to eat on Millennium Bridge, then 30 mins cycling back.

Route info: Approx. 5 miles. This ride is quite advanced and parts of it are not recommended for young children as the route incorporates some city centre traffic.

Scarborough foot rail bridge - this bridge has steps both sides. If you have a trailer/tagalong or a child seat, crossing at Lendal Bridge will be easier. Follow the dotted route. Using mostly cycle paths, roads and traffic free cycle routes. One road to cross (optional).



Cycling City York is a community-led partnership project involving City of York Council, cycle campaign groups, major employers, education and healthcare providers and cycle retailers. Its aim is to improve routes and facilities for cyclists and get more people cycling. York has been designated as a Cycling City from 2008-2011. Please visit our new website www.cyclingcityyork.org.uk

For more information on cycle routes in York, guided rides, one-to-one cycle training or for details about Cycling City events and initiatives see www.york.gov.uk/cycling, email cycling.city@york.gov.uk or phone (01904) 551550.







Sustrans id the UK's leading sustainable transport charity, and also publishes maps of the National Cycle Network routes which pass through York. Thanks to members of the First Friday Cycle Group for the information & to Monica Nelson for the front cover watercolour.

Olwyn Fonseca

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## Easy cycle rides for leisure

One of a series of short rides suitable for most ages and abilities

Time: 1 hr



A ride around the **Riverside** and **Bridges of York** with coffee in Rowntree Park A ride around the Riverside and



The former pavement on this side has been converted to a cycle path so all cyclists can ride off-road accross Clifton Bridge.



