

Ride Notes

- 1 The Millennium Bridge has transformed east-west cycling access in the city.
- 2 *Walmgate Stray* – one of York's historic strays but less well-known than the others. Parts of the stray are very wet but the cycle path is usually fine.

Cattle graze there and can sometimes block the path briefly.
- 3 Allotments and behind them *York Cemetery*.
- 4 The University allows cycling but not on the covered ways or on most of the bridges.

A map of the campus, marking cycle routes, is available from any college office.

Cycle tracks are often sandy gravel which makes them fairly obvious.

Pleasant cycle route along south side of lake to Heslington Hall.
- 5 From the Millennium Bridge to here has been signed Route 66 but on entering the university we turn right and Route 66 turns left, uphill.
- 6 *Café, Goodricke College* – there are many cafés but some are only open at mealtimes. This one seems to be open all day and has bike racks outside the door.



Time: 1 hour to the café stop at the University, then 15 minutes back to the Millennium Bridge.

Route info: Approx. 6.5 miles. Using mostly off-road cycle paths, tarred tracks or bridleways, two minor roads and two main roads to cross.



Cycling City York is a community-led partnership project involving City of York Council, cycle campaign groups, major employers, education and healthcare providers and cycle retailers. Its aim is to improve routes and facilities for cyclists and get more people cycling. York has been designated as a Cycling City from 2008-2011.

For more information on cycle routes in York, guided rides, one-to-one cycle training or for details about Cycling City events and initiatives see www.york.gov.uk/cycling, email cycling.city@york.gov.uk or phone (01904) 551550.



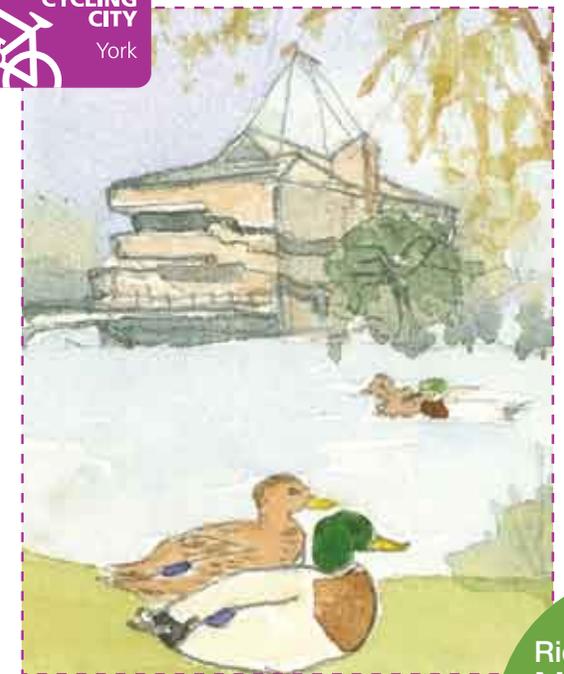
Adapted from original map drawings and ride notes by volunteer Sustrans Ranger, Olwyn Fonseca. Thanks also to Lynne Clark and members of the First Friday cycle group for their help. Front page: Watercolour by Monica Nelson.

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Easy cycle rides for leisure

One of a series of short rides suitable for most ages and abilities

Time: 1 hr, 15 mins



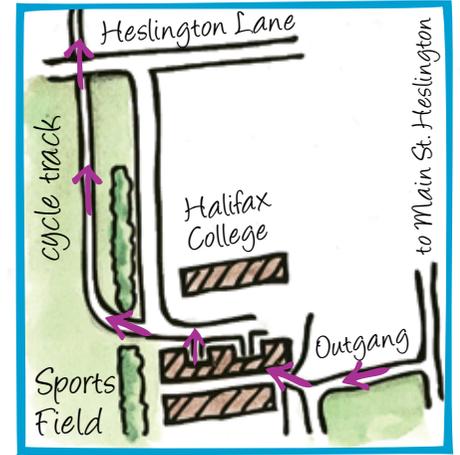
Ride No 2

A circular ride from the Millennium Bridge to Heslington Common via the golf course and University grounds

A Ride from the Millennium Bridge to Heslington Common via the golf course and the University

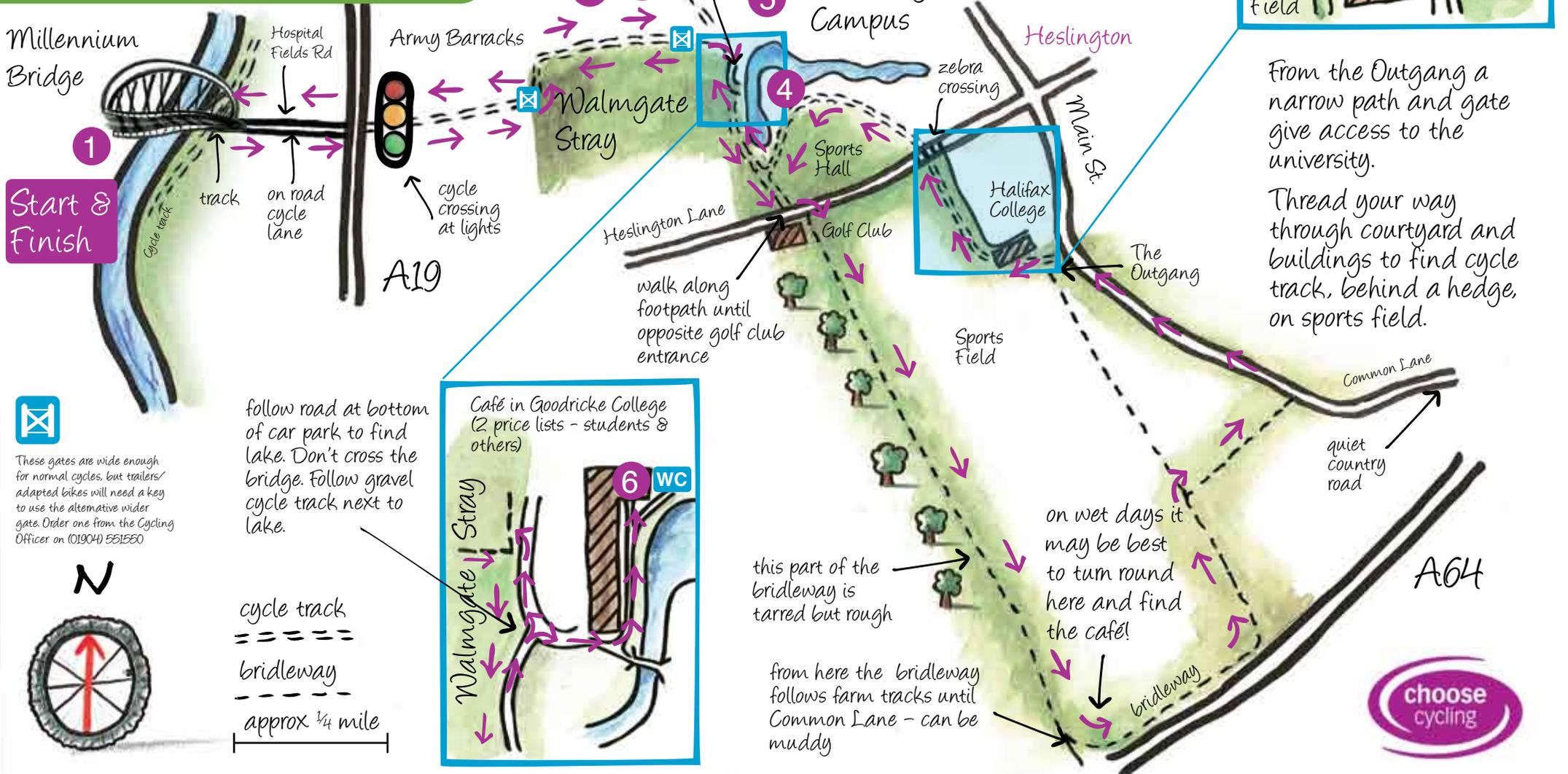
Returning across the campus

A zebra crossing takes the cycle route over Heslington Lane. There are many paths and roads which can make it confusing. Aim to curve left round behind the huge sports hall, going quite a long way back towards Heslington Lane before turning sharp right again.



From the Outgang a narrow path and gate give access to the university.

Thread your way through courtyard and buildings to find cycle track, behind a hedge, on sports field.

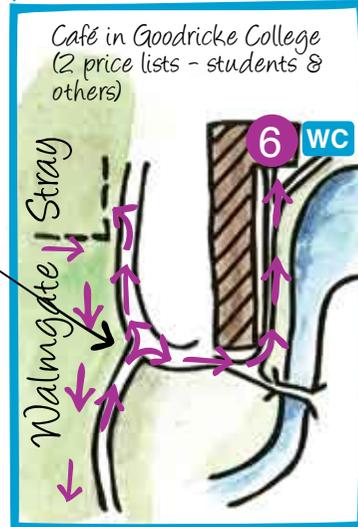


Start & Finish



These gates are wide enough for normal cycles, but trailers/adapted bikes will need a key to use the alternative wider gate. Order one from the Cycling Officer on (01904) 551550

follow road at bottom of car park to find lake. Don't cross the bridge. Follow gravel cycle track next to lake.



this part of the brideway is tarred but rough

on wet days it may be best to turn round here and find the café!

from here the brideway follows farm tracks until Common Lane - can be muddy

